

August

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 HOLIDAY	2 HOLIDAY	3 HOLIDAY	4 HOLIDAY	5 HOLIDAY	6 HOLIDAY	7 HOLIDAY
8 HOLIDAY	9 HOLIDAY	10 HOLIDAY	11 HOLIDAY	12 HOLIDAY	13 HOLIDAY	14 HOLIDAY
15 HOLIDAY	16 HOLIDAY	17	18	19	20 PRE-SEASON	21
22 S1&S2 TRAINING	23 S3, S4, S5 & S6 TRAINING	24 S1&S2 TRAINING	25 S3, S4, S5 & S6 TRAINING	26	27 1 ST XV LASSWADE U16 LASSWADE S3 LASSWADE S2 LASSWADE S1 LASSWADE	28
29 S1&S2 TRAINING	30 S3, S4, S5 & S6 TRAINING	31 S1&S2 TRAINING				

September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 S3, S4, S5 & S6 TRAINING	2 S2 P4&P5	3 1 ST XV ROYAL HIGH U16 ROYAL HIGH S3 ROYAL HIGH S2 ROYAL HIGH S1 ROYAL HIGH	4
5 S4 P1&P2 S3 P4&P5 S1&S2 TRAINING	6 S1&S2 GIRLS P6 S3, S4, S5 & S6 TRAINING	7 S1&S2 TRAINING	8 S2 P6&P7 S3, S4, S5 & S6 TRAINING	9	10 1 ST XV STEW MEL U16 STEW MEL S3 STEW MEL S2 STEW MEL S1 STEW MEL	11
12 S1 P1 S4 P4&P5 S3 P6&P7 S1&S2 TRAINING	13 S1 P6 S3, S4, S5 & S6 TRAINING	14 S1&S2 TRAINING	15 S2 P1&P2 S3, S4, S5 & S6 TRAINING	16 S1&S2 GIRLS P4	17	18
19 HOLIDAY	20 S4 P1&P2 S1 P3 S3 P4&P5 S3, S4, S5 & S6 TRAINING	21 S2 P1&P2 S1&S2 TRAINING	22 S1&S2 GIRLS P1 S3, S4, S5 & S6 TRAINING	23	24 1 ST XV PRESTON LODGE U16 PRESTON LODGE S3 PRESTON LODGE S2 PRESTON LODGE S1 PRESTON LODGE	25
26 S1&S2 GIRLS P5 S1&S2 TRAINING	27 S2 P4&P5 S4 P6&P7 S3, S4, S5 & S6 TRAINING	28 S3 P3&P4 S1&S2 TRAINING	29 S3, S4, S5 & S6 TRAINING	30 S1 P5		

October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 1 ST XV DUNBAR U16 DUNBAR S3 DUNBAR S2 DUNBAR S1 DUNBAR	2
3 S1 P7 S1&S2 TRAINING	4 S1&S2 GIRLS P2 S2 P6&P7 S3, S4, S5 & S6 TRAINING	5 S4 P3&P4 S3 P6&P7 S1&S2 TRAINING	6 S3, S4, S5 & S6 TRAINING	7 S1 P4	8 1 ST XV NOTH BERWICK U16 NORTH BERWICK S3 NORTH BERWICK S2 NORTH BERWICK S1 NORTH BERWICK	9
10 S1 P5 S1&S2 TRAINING	11 S3 P6&P7 S3, S4, S5 & S6 TRAINING	12 S2 P3&P4 S4 P6&P7 S1&S2 TRAINING	13 S3, S4, S5 & S6 TRAINING	14 S1 P3 S1&S2 GIRLS P5	15	16
17 HOLIDAY	18 HOLIDAY	19 HOLIDAY	20 HOLIDAY	21 HOLIDAY	22	23
24 HOLIDAY	25 S1 P2 S1&S2 GIRLS P6 S3, S4, S5 & S6 TRAINING	26 S1&S2 TRAINING	27 S3 P3&P4 S1 P5 S4 P6&P7 1 ST XV BELGIUM TOURING U16 BELGIUM TOURING S3, S4, S5 & S6 TRAINING	28	29 1 ST XV PENICUIK/BEESLACK U16 PENICUIK/BEESLACK S3 PENICUIK/BEESLACK S2 PENICUIK/BEESLACK S1 PENICUIK/BEESLACK	30
31 S3 P4&P5 S1&S2 TRAINING						

November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 S1 P6 S3, S4, S5 & S6 TRAINING	2 S1&S2 TRAINING	3 S1 P1 S2 P6&P7 S3, S4, S5 & S6 TRAINING	4 S4 P3&P4 S1&S2 GIRLS P5	5 1 ST XV GWC U16 GWC S3 GWC S2 GWC S1 GWC	6
7 S4 P1&P2 S2 P4&P5 S3 P6&P7 S1&S2 TRAINING	8 S1&S2 GIRLS P2 S1 P3 S3, S4, S5 & S6 TRAINING	9 S1&S2 TRAINING	10 S3, S4, S5 & S6 TRAINING	11 S1 P5	12 1 ST XV LINLITHGOW U16 LINLITHGOW S3 LINLITHGOW S2 LINLITHGOW S1 LINLITHGOW	13
14 S4 P4&P5 S1 P7 S1&S2 TRAINING	15 S3 P4&P5 S3, S4, S5 & S6 TRAINING	16 S1&S2 TRAINING	17 S1&S2 GIRLS P1 S3, S4, S5 & S6 TRAINING	18 S1 P3 S2 P4&P5	19 1 ST XV PORTOBELLO U16 PORTOBELLO S3 PORTOBELLO S2 PORTOBELLO S1 PORTOBELLO	20
21 S1 P1 S1&S2 TRAINING	22 S4 P1&P2 S3, S4, S5 & S6 TRAINING	23 S3 P3&P4 S1&S2 TRAINING	24 S2 P6&P7 S3, S4, S5 & S6 TRAINING	25 S1&S2 GIRLS P4	26 1 ST XV PLAY-OFF U16 PLAY-OFF S3 PLAY-OFF S2 PLAY-OFF S1 PLAY-OFF	27
28 S1&S2 GIRLS P5 S1&S2 TRAINING	29 S4 P6&P7 S3, S4, S5 & S6 TRAINING	30 S3 P6&P7 S1&S2 TRAINING				

December

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 S2 P1&P2 S3, S4, S5 & S6 TRAINING	2 S1 P4	3 1 ST XV KNOX ACADEMY U16 KNOX ACADEMY S3 KNOX ACADEMY S2 KNOX ACADEMY S1 KNOX ACADEMY	4
5 S1&S2 TRAINING	6 S1 P2 S3 P6&P7 S3, S4, S5 & S6 TRAINING	7 S2 P1&P2 S4 P3&P4 S1&S2 TRAINING	8 S1 P5 S3, S4, S5 & S6 TRAINING	9 S1&S2 GIRLS P4	10 1 ST XV ROSS HIGH U16 ROSS HIGH S3 ROSS HIGH S2 ROSS HIGH S1 ROSS HIGH	11
12 S1&S2 TRAINING	13 S1&S2 GIRLS P2 S2 P4&P5 S1 P6 S3, S4, S5 & S6 TRAINING	14 S4 P6&P7 S1&S2 TRAINING	15 S1 P1 S3 P3&P4 S3, S4, S5 & S6 TRAINING	16	17	18
19 S1 P1 S3 P4&P5 S1&S2 TRAINING	20 S1 P3 S1&S2 GIRLS P6 S3, S4, S5 & S6 TRAINING	21 S2 P3&P4 S1&S2 TRAINING	22 S4 P1&P2 S3, S4, S5 & S6 TRAINING	23 HOLIDAY	24 HOLIDAY	25 HOLIDAY
26 HOLIDAY	27 HOLIDAY	28 HOLIDAY	29 HOLIDAY	30 HOLIDAY	31 HOLIDAY	

January

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1 HOLIDAY
2 HOLIDAY	3 HOLIDAY	4 HOLIDAY	5 HOLIDAY	6 HOLIDAY	7 HOLIDAY	8 HOLIDAY
9 HOLIDAY	10 S2 P6&P7 S3, S4, S5 & S6 TRAINING	11 S1&S2 TRAINING	12 S1&S2 GIRLS P1 S1 P5 S3, S4, S5 & S6 TRAINING	13 S1 P5	14 1 ST XV MERCHISTON U16 MERCHISTON	15
16 S4 P4&P5 S3 P6&P7 S1&S2 TRAINING	17 S1&S2 GIRLS P2 S3, S4, S5 & S6 TRAINING	18 S1&S2 TRAINING	19 S1 P1 S3, S4, S5 & S6 TRAINING	20 S1 P4 S2 P4&P5	21 1 ST XV PORTOBELLO U16 PORTOBELLO S3 PORTOBELLO S2 PORTOBELLO S1 PORTOBELLO	22
23 S2 P4&P5 S1 P7 S1&S2 TRAINING	24 S4 P1&P2 S3 P4&P5 S1 P6 S3, S4, S5 & S6 TRAINING	25 S1&S2 TRAINING	26 S3, S4, S5 & S6 TRAINING	27 S1&S2 GIRLS P5	28	29
30 S1 P5 S1&S2 TRAINING	31 S1 P2 S4 P6&P7 S3, S4, S5 & S6 TRAINING					

February

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 S3 P3&P4 S1&S2 TRAINING	2 S1&S2 GIRLS P1 S2 P6&P7 S3, S4, S5 & S6 TRAINING	3	4 1 ST XV LINLITHGOW U16 LINLITHGOW S3 LINLITHGOW S2 LINLITHGOW S1 LINLITHGOW	5
6 S1 P1 S1&S2 GIRLS P5 S1&S2 TRAINING	7 S1 P3 S3, S4, S5 & S6 TRAINING	8 S4 P3&P4 S3 P6&P7 S1&S2 TRAINING	9 S2 P1&P2 S3, S4, S5 & S6 TRAINING	10	11	12
13 HOLIDAY	14 HOLIDAY	15 HOLIDAY	16 HOLIDAY	17 HOLIDAY	18 HOLIDAY	19 HOLIDAY
20 S1&S2 TRAINING	21 S3 P6&P7 S3, S4, S5 & S6 TRAINING	22 S2 P1&P2 S1&S2 TRAINING	23 S1 P5 S3, S4, S5 & S6 TRAINING	24 S1 P3 S1&S2 GIRLS P4	25 1 ST XV ROSS HIGH U16 ROSS HIGH S3 ROSS HIGH S2 ROSS HIGH S1 ROSS HIGH	26
27 S1&S2 GIRLS P5 S1 P7 S1&S2 TRAINING	28 S2 P4&P5 S3, S4, S5 & S6 TRAINING					

March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 S1&S2 TRAINING	2 S3 P3&P4 S3, S4, S5 & S6 TRAINING	3 S1 P4	4 S3 GWC S2 GWC S1 GWC	5
6 S3 P4&P5 S1&S2 TRAINING	7 S1&S2 GIRLS P6 S3, S4, S5 & S6 TRAINING	8 S2 P3&P4 S1&S2 TRAINING	9 S1 P1 S3, S4, S5 & S6 TRAINING	10 S1 P5 S4 P3&P4	11	12
13 S1 P5 S3 P6&P7 S1&S2 TRAINING	14 S1 P6 S2 P6&P7 S3, S4, S5 & S6 TRAINING	15 S1&S2 TRAINING	16 S3, S4, S5 & S6 TRAINING	17 S1&S2 GIRLS P5	18	19
20 S1 P1 S2 P4&P5 S1&S2 TRAINING	21 S1 P3 S3 P4&P5 S3, S4, S5 & S6 TRAINING	22 S1&S2 TRAINING	23 S1&S2 GIRLS P1 S3, S4, S5 & S6 TRAINING	24	25	26
27 S1&S2 GIRLS P5 S1&S2 TRAINING	28 S1 P2 S3, S4, S5 & S6 TRAINING	29 S3 P3&P4 S1&S2 TRAINING	30 S3, S4, S5 & S6 TRAINING	31 S1 P3 S2 P4&P5		

April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 HOLIDAY	2 HOLIDAY
3 HOLIDAY	4 HOLIDAY	5 HOLIDAY	6 HOLIDAY	7 HOLIDAY	8 HOLIDAY	9 HOLIDAY
10 HOLIDAY	11 HOLIDAY	12 HOLIDAY	13 HOLIDAY	14 HOLIDAY	15 HOLIDAY	16 HOLIDAY
17 HOLIDAY	18 S1&S2 GIRLS P2 S1 P3	19 S3 P6&P7	20 S1 P5 S2 P6&P7	21	22	23
24 S1 P7	25 S3 P6&P7	26	27 S2 P1&P2	28 S1 P4 S1&S2 GIRLS P5	29	30

May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 HOLIDAY	2 S1 P2 S1&S2 GIRLS P6	3 S2 P1&P2	4 HOLIDAY	5	6	7
8 S1 P5	9 S1 P6	10 S3 P3&P4	11 S3 P3&P4	12 S1&S2 GIRLS P4	13	14
15 S1 P1 S3 P4&P5	16 S1&S2 GIRLS P2 S2 P4&P5	17	18 S1 P5	19	20	21
22 HOLIDAY	23 S1 P3 S2 P6&P7	24	25 S1&S2 GIRLS P1	26 S1 P3	27	28
29 S2 P4&P5 S3 P6&P7	30	31				

June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2 S1 P3&P4 S1&S2 GIRLS P5	3	4
5 S1&S2 GIRLS P5 S1 P7	6 S3 P4&P5	7	8 S1 P1	9 S2 P4&P5	10	11
12	13 S1 P2 S1&S2 GIRLS P6	14 S3 P3&P4	15 S2 P6&P7	16 S1 P5	17	18
19	20	21	22	23	24	25
26	27	28	29	30		