

**BULLYING ISN'T COOL -  
IT HAS NO PLACE IN SCHOOL**

**TRINITY ACADEMY DOES NOT ACCEPT  
BULLYING BEHAVIOUR**

- **What is Bullying Behaviour? Some Examples**
- Threats and use of violence
- “Slagging”, including name-calling and verbal abuse
- Cyber-bullying: bullying behaviour that takes place through mobile phones or the internet
- Racist, sexist or homophobic behaviour
- Less obvious eg “sneaky” behaviour such as making up lies; looking, whispering and laughing at someone

**WHAT CAN I DO IF I AM BEING BULLIED?**

**There is one simple thing to do : TELL SOMEONE**

**Don't keep it to yourself - tell someone who can help you. It could be a teacher, any other member of staff, prefect, bullying monitor, friend, or someone at home.**